



**WANT TO BE STRONGER,
POWERFUL, AND MORE
EXPLOSIVE?**



**5TH-8TH GRADE
FUNDAMENTAL
STRENGTH
TRAINING CAMP**

**WEEKLY FROM 6-7:15PM
AT NOBLESVILLE HIGH SCHOOL
(ENTER DOOR 17)**

**WEEK 1: TUESDAY, OCT 30
WEEK 2: WEDNESDAY, NOV 7
WEEK 3: WEDNESDAY, NOV 14
WEEK 4: TUESDAY, NOV 20
WEEK 5: WEDNESDAY, NOV 28**

BRIAN CLARKE, *NOBLESVILLE HIGH SCHOOL HEAD STRENGTH COORDINATOR*
Questions? Email Brian Clarke at brian_clarke@nobl.k12.in.us

**REGISTER BY OCTOBER 24TH
nhswellness.org/paypal/speed-camp.php**

WE OFFER SIBLING RATES, DUAL-CAMP, AND GROUP DISCOUNTS. RETURN CAMPERS FROM FALL 2017 AND/OR SPRING 2018 WILL RECEIVE A \$10 DISCOUNT FOR THIS CAMP. CONTACT BRIAN CLARKE FOR THE DISCOUNT CODE.